

**NOR-CAL ATHLETICS----FALL WOOD BAT BASEBALL LEAGUE**  
**LEAGUE PLAYING RULES----FALL-2009---WINTER-2010---SUMMER-2010**

**1--AGE REQUIREMENTS**

18 AND OVER  
ALL ADULTS----MALE AND FEMALE

**2--MASTER TEAM ROSTER**

ALL PLAYERS NAMES MUST BE ON TEAM MASTER ROSTER  
WILL COLLECT TEAM MASTER ROSTER----FIRST LEAGUE GAME  
MUST BE ON FILE IN LEAGUE OFFICE----AT ALL TIMES  
ADD-ON PLAYERS----MUST BE ON MASTER TEAM ROSTER----BEFORE PLAYER IS ALLOWED TO PLAY  
25--MASTER TEAM MAXIMUM PLAYERS  
MANAGER OF RECORD----ON FILE----IS RESPONSIBLE TO MAINTAIN----MASTER TEAM ROSTER

**3--PLAYER ELIGIBLE----PLAY OFF----CHAMPIONSHIP SERIES**

ALL PLAYERS MUST HAVE PLAYED DURING THE LEAGUE SEASON----MINIMUM OF FIVE LEAGUE GAMES  
EACH TEAMS SCOREBOOK WILL BE THE RECORDED ELIGIBILITY

**4--CATCHER SPEED UP RULE**

RUNNER FOR THE CATCHER----AFTER REACHING FIRST BASE  
COURTESY RUNNER FROM THE BENCH  
OR----LAST COMPLETED BATTER  
EACH INNING----TWO OUTS

**5--WEARING BASEBALL HELMETS**

ALL BATTERS MUST WEAR OFFICIAL HELMET  
ON-DECK-BATTER MUST WEAR OFFICIAL HELMET  
IN-THE-HOLE-BATTER MUST WEAR OFFICIAL HELMET  
ALL ON BASE RUNNERS-MUST WEAR OFFICIAL HELMET

**6--PLAYER LINE-UP----EACH GAME**

MUST HAVE NINE-(9)-PLAYERS----LINE-UP CARD----START OF EACH GAME  
MUST PRINT NAMES OF SUBSTITUTE ON EACH GAME LINE-UP CARD  
ONE-(EP)-EXTRA PLAYER IN STARTING LINE-UP----MAY PLAY BOTH OFFENSE AND DEFENSE  
CAN NOT CHANGE THE STARTING NUMBER(S) IN THE LINE-UP DURING LEAGUE GAMES  
MISSING PLAYER IS AN AUTOMATIC OUT IN THE BATTING ORDER  
LINE-UP RULES----APPLIES TO LEAGUE--PLAY OFF--CHAMPIONSHIP GAMES  
DESIGNATED HITTER-(DH)-FOR PITCHER ONLY----MUST BE IN THE LINE-UP--BEGINNING OF EACH GAME  
DESIGNATED HITTER-(DH)----PLAY OFFENSE ONLY  
BOTH NATIONAL AND AMERICAN PLAYING RULES ARE IN EFFECT

**7--SPECIAL RULE----START OF GAME**

TO START GAME WITH NINE-(9)- PLAYERS----MANAGER MAY USES ONE PLAYER FROM THE OPPOSING TEAM WITH  
THAT MANAGERS AGREEMENT----PLAY INNINGS TILL TEAMS PLAYER ARRIVES AND OR PLAY A FULL GAME

**8--'MAGIC WORDS'**

AUTOMATIC EJECTION FROM GAME----PLAYER(S)----MANAGERS----ANY OTHER(S)  
LEAGUE OFFICE WILL DECIDE IF PLAYER WILL BE ALLOWED TO CONTINUE PLAYING IN CURRENT SEASON  
SAN FRANCISCO RECREATION AND PARK DEPARTMENT----LEGAL DEPARTMENT----COULD BE INVOLVED

**9--MANAGERS----RESPONSIBILITY**

MANAGERS ARE FULLY RESPONSIBLE FOR ALL PLAYERS ON THE TEAM----PRE----DURING---POST WHILE ON THE  
PLAYING DIAMOND FILED  
IF LEAGUE OFFICE HANDLES A SITUATION WITH A PLAYER----MANAGER WILL ALSO BE EJECTED FROM THE NEXT  
LEAGUE/SEASON----PLAY OFFS OR FROM THE LEAGUE FOR THE REMAINDER OF THE SEASON

**10--UNIFORMS**

COMPLETE PLAYER UNIFORMS----JERSEY----PANTS----HATS----IS INCOURAGED  
NOT REQUIRED DURING THIS FIRST SEASON OF YEAR ROUND SCHEDULING  
SIMPLE JERSEY----T-SHIRT WITH NUMBERS AND LOGO IS INCOURAGED

**11--SCOREBOOK**

EACH TEAM----RECEIVE OFFICIAL SCOREBOOK---FIRST LEAGUE GAME  
TURN IN SCORE SHEET TO THE LEAGUE DIRECTOR EACH WEEK

**12--WEB-SITE**

WWW.NORCALATHLETICS.COM  
WWW.WOLF SPORTS ON WHEELS.COM  
MASTER SCHEDULE  
MASTER PLAY OFF----CHAMPINSHIP SERIES SCHEDULE  
WEATHER REPORTING SYSTEM  
AFTER 7:30PM----SATURDAY EVENING  
AFTER 7:30AM----SUNDAY MORNING  
TELEPHONE---1.415.552.1705---1.415.879.0244  
WEEKLY LEAGUE STANDING  
WEEKLY NEWSLETTER  
MASTER MANAGERS LIST  
PLAYING RULES  
MASTER TEAM ROSTER

**13--FIELD PREPERATION**

ARRANGEMENTS WILL BE HANDLED WITH THE GARDENERS  
CHALK----LINING----WILL BE HANDLED BY THE LEAGUE OFFICE

**14--BASEBALL BATS**

WOOD BATS----INCOURGAGED TO BE USED

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ALUMINUM BATS----WILL BE ALLOWED

**15--BASEBALLS**

EACH TEAM WILL SUPPLY----NEW----QUALITY BASEBALL BALLS----EACH GAME  
TWO NEW----HIGH QUALITY----LEATHER----PRO--COLLEGE--QUALITY  
WHEN ADDITIONAL BASEBALLS ARE NECESSARY----EACH TEAM WILL SUPPLY---GOOD-USED-BASEBALLS

**16--CATCHERS GEAR**

ALL CATCHERS----MUST---WEAR COOMPLETLE PROPER CATCHING GEAR AT ALL TIMES

**17--GAME OFFICIALS**

EACH TEAM----PAY----ASSIGNED OFFICIALS----EACH GAME----\$50.00  
TWO OFFICIALS WILL BE ASSIGNED TO EACH SCHEDULED GAME----BY LEAGUE OFFICE

**19--LEAGUE ORGANIZATIONAL STRUCTURE**

NOR-CAL ATHLETICS	PAUL HEUBERGER
BASEBALL COMMISSIONERS	JACK J WOLF
	JOHN COSMOS

**21--UMPIRES**

UMPIRES WILL BE ASSIGNED BY THE LEAGUE OFFICE  
LEAGUE GAMES WILL BE OFFICIATED WITH TWO OFFICIALS  
PLAY OFFS AND CHAMPIONSHIP SERIES WILL BE OFFICIATED WITH TWO OFFICIALS

**22--GAME TIMES**

ALL GAMES WILL BEGIN AS PER PRINTED SCHEDULE  
LEAGUE GAME IS----PLAY-TWO AND ONE HALF HOURS--THEN-COMplete INNING  
SUNDAY GAMES----9:00AM----11:45am----2:30pm [[9:00AM THROUGH 5:00PM]]

**23--LEAGUE DIAMONDS**

ALL GAME WILL BE PLAYED----SUNDAYS  
CROCKER DIAMOND--ONE  
CROCKER DIAMOND--TWO

**24--TEAM AWARDS**

CHAMPIONSHIP TEAM----15-PRINTED--JACKETS

**25--WEATHER REPORTING**

AFTER--7:30PM----SATURDAY EVENING  
AFTER--7:30AM----SUNDAY MORNING  
WEB-SITE---- WWW.NOCALATHLETICS.COM  
WEB-SITE---- WWW.WOLFSPORTSONWHEELS.COM  
TELEPHONE---- 1.415.552.1705  
TELEPHONE---- 1.415.879.0244

**26--MERCY LEAGUE GAME RULE**

TEN-(10)-RUNS AFTER SEVEN-(7)-INNINGS

**27--FORFEITED GAMES**

FORFEITED TEAM----PAYMENT OF FORFEIT TEAM FEE----75:00  
PAYABLE TO LEAGUE OFFICE----BEFORE NEXT SCHEDULED GAME  
OFFICIALS ARE PRE-ASSIGNED TO EACH GAME

**28--PITCHERS----WARM UP PITCHES**

LINE-UP--RECORDED PITCHER----ALLOWED FIVE-(5)- WARM-UP PITCHES EACH INNING  
NEW PITCHER----PRE-INNING WARM-UP--ON THE SIDE OF THE DIAMOND  
NEW PITCHER----ALLOWED FIVE-(5)- WARM-UP PITCHES FROM THE MOUND

**29--FIRST AIDE KIT----EACH TEAM**

EACH TEAM IS INCOURAGED TO CARRY WITH TEAM----BASIC FIRST AIDE KIT

**30--NON-TEAM PERSONAL**

NOT ALLOWED ON THE DIAMOND SITE DURING PRINTED SCHEDULE  
EACH TEAM-GAME TIME----PRE--DURING--POST GAME  
LEAGUE INSURANCE----DOES NOT COVERAGE NON-TEAM PERSONAL  
INCASE OF INJURY OR OTHER HAPPENINGS